

BEREAVEMENT RESOURCES



ENLOE MEDICAL CENTER RESOURCES

Enloe Bereavement Group | (530) 332-6060

Offers a free series of six weekly bereavement support group meetings four times a year. This group is open to the community. Please call for more information or to receive a packet of bereavement resources.

Fee: no fee

Address: Enloe HomeCare & Hospice,
1390 E. Lassen Ave., Chico

Enloe Regional Cancer Center Library | (530) 332-3856

Offers a number of materials related to caregiving, a loved one's final days, grieving and explaining death to children. The library is free and open to the public.

Fee: no fee

Address: 265 Cohasset Road, Chico

Hours: Please call for more details or go to www.enloe.org/library, where you can also view the library's online catalog

CHICO

Butte County Public Health Department Maternal Child Help Line | 1-800-339-2941

Offers referrals for support for parents and professionals facing sudden infant death syndrome (SIDS), as well as updated information, follow-up for SIDS cases, resources, and more. Voicemail check one time daily.

Health clinic address: 695 Oleander Ave, Chico
530-879-3665

Hours: 8 a.m. to 5 p.m. Monday through Friday

Oroville address: 202 Mira Loma Drive 24-hour line
530-538-7581

Hours: 8 a.m. to 5 p.m. Monday through Friday.

Butte Home Health & Hospice | 530-895-0462 main 1-800-655-0462 toll free

Offers individualized counseling for anyone who has suffered the loss of a loved one and can refer people to other community resources. Also offers eight week closed group. Please call for more details.

Fee: no fee

Office hours: 8:30 a.m. to 5:30 p.m.

Monday through Friday

Address: 10 Constitution Dr., Chico

If you use the B-Line bus system, take Chico route 16

Chico Seventh-Day Adventist Church | 530-342-7777

Offers one-on-one counseling who are going through grief due to the loss of a loved one. Open to the public. Please call to make an appointment.

Fee: Sliding Fee

Program hours: 9 a.m. to 1 p.m. Tuesday, Wednesday and Thursday. Appointment only

Address: 1877 Hooker Oak Ave., Chico

Counseling & Wellness Center | 530-898-6345

Offers free counseling to regularly enrolled California State University, Chico, students. Individual, couples and

group sessions are available. Due to COVID, meetings will be virtual. Please call to schedule an appointment.

Address: California State University, Chico, 400 W. First St, Student Services Center, Room 430

Virtual Office hours: 8 a.m. to 5 p.m. Monday - Thursday, 9:30 a.m. - 5 p.m. Friday.

Friends for Survival | 530-566-5859

Offers support for people, ages 15 and older, who have been affected by a suicide death. This group meets on the second Monday of every month in Chico. Please call for more details, including meeting times. Due to COVID meeting will be done virtually.

Fee: no fee

Office hours: 9-4 Tuesday-Thursday

Grief and Loss Group | 530-879-3311

Offers support for people who have lost a loved one. Please call for more details.

Office hours: 9 a.m. to 4:30 p.m. Monday through Friday, 10 a.m. to 2 p.m. Saturday.

Address: Iversen Center, 492 Rio Lindo Ave., Chico.

The Growing Place | 530-591-2667

A support group for adults. Helping with grief and trauma support. Please contact certified bereavement facilitator/life coach.

Fees: no fee

Address: 1074 East Ave., Suite #A-3 Chico

Office hours: 3 - 4:30 p.m. Wednesdays and Thursday

Newton-Bracewell Funeral Homes | 530-342-9003

Will assist with funeral arrangements and refer people to support groups and grief classes. This funeral home will also provide educational materials.

Office hours: 8:30 a.m. to 5:30 p.m.

Monday through Friday

Address: 680 Camellia Way, Chico

CHICO CONT.

Higher Grounds Counseling | 530-413-0032

Serving ages 5 and up with bereavement counseling. Provides general non-acute (noncrisis) counseling services for individuals, couples, and families. Also offers counseling from a Christian religious perspective if requested. Call, email or message to set up an appointment or questions.

Payment accepted: Medi-Cal and/or Private Insurance

Office hours: 8 a.m. to 5 p.m. Monday through Friday

Address: 3 Governors Lane Suite A, Chico

Email: info@chicocounselor.com

Chico Vet Center 530-899-6300

Individual and group counseling for Veterans, service members, and their families including: Bereavement (grief) counseling, community outreach and education, referral of other VA services.

*limited services and hours: Currently open for limited in-person service, and screening all visitors for symptoms, due to COVID. For individual and group counseling, we recommend using our telehealth services. If you need to talk with someone confidentially, please call us anytime 24/7 at 877-927-8387.

Office hours: 8am-4:30pm Monday thru Friday

Address: 250 Cohasset Road, Suite 40, Chico

Journey of the Heart 530-321-7866

Bereavement group hosted by Rev. Chaplain Mary Kearns. Mary has counseled many people and families in the area of grief and loss. Sign up by contacting 530-321-7866 (call or text), maknjess@comcast.net or direct message at www.facebook.com/JourneysoftheheartBereavement/

Fee: \$150, covers 10 weeks (16+hours) of creative instruction and class interaction plus book.

Address: 295 E. Washington Ave., Chico

Enloe's Mother & Baby Education Center 530-332-3970

Offers resources. Please contact number for more information

Hours: 9am-3pm Monday-Friday.

Closed on weekends and Holidays.

OROVILLE

GriefShare | Oroville Church of the Nazarene 530-533-7464

Offers support for anyone who has lost a loved one. This program usually runs from February to May and from September to November.

Fee: \$20 materials fee

Office hours: 8 a.m. to 4:30 p.m. Monday through Friday

Program Hours: 2:30-4:30pm Sunday

February-May or September-December

Address: 2238 Monte Vista Ave., Oroville

PARADISE

Newton-Bracewell Cremation Funeral Services 530-873-7602

Will assist with funeral arrangements and refer people to support groups and grief classes. This funeral home will also provide educational materials.

Office hours: 9 a.m. to 4 p.m. Monday through Friday

Address: 5691 Almond Street, Paradise

Saint Thomas More Catholic Church | 530-877-4501

Offers support for anyone who has lost a loved one. Meetings are an open forum and occasionally feature guest speakers. The church also offers individual meetings with ministers to speak about personal grief and receive help through prayer.

Fee: no fee

Office hours: 9 a.m. to 4 p.m.

Monday through Thursday

Address: 767 Elliott Road, Paradise

If you use the B-Line bus system, take Paradise routes 31, 40 and 41

CORNING & RED BLUFF

Rolling Hills Clinic | 530-690-2827

Provides counseling for psychotherapy for grief. Call local clinic or schedule appointments online. No drop-in appointments.

Fee: Fees vary, sliding scale, accepts Medi-Cal and most insurance

Office hours: 7:30 a.m. to 6 p.m.

Monday through Friday

Corning address: 704 Peach Street, Corning

Red Bluff address: 2540 Sister Mary Columba Drive, Red Bluff

Family Counseling Center | 530-527-6702

Provides counseling for grief/loss of a loved one. Call or in person intake only.

Office hours: 9-6 Monday thru Saturday

Address: 1112 Washington Street, Red Bluff

St. Elizabeth Community Hospital Grief Support 530-528-4207

Offers support to adults grieving through loss or illness. For more information on bereavement and support groups please call Kristen Duarte.

Address 2250 Sister Mary Columa Dr. Red Bluff, CA

WILLOWS

Glenn County Public Health 530-934-6588

Offers referrals for support for parents and professionals facing sudden infant death syndrome (SIDS), as well as updated information, educational materials, and more.

Office hours: 8 a.m. to 5 p.m., Monday through Friday

Fee: no fee

Address: 240 N. Villa Ave., Willows

YUBA CITY

Bereavement Program, Sutter Care at Home 530-749-3460

Provides support services for all ages in Butte, Colusa, Sutter and Yuba counties, who are struggling with the loss of a loved one. Please call for more details, including meeting times and locations. Due to COVID, in person groups are discontinued but registration for online group meetings are available.

Fee: no fee

Address: 400 Plumas Blvd, Yuba City

The Compassionate Friends | 530-216-0141

Compassionate Friends is a self-help support group for parents who have lost children from any cause.

Meeting: 3rd Monday of the month

Hour: 6 - 7pm on the 3rd Monday of each month

Address 5206 Tulip Rd, Marysville

SACRAMENTO

Children's Bereavement Art Group, Sutter Children's Center | 916- 887-5275

Helps children learn to cope with and accept the death of a loved one through artwork. This group is open to kids in the Sacramento and surrounding area, ages 4 to 16, who have lost a loved one within the last year. Please call for more information. Due to COVID, in person groups are discontinued but registration for online group meetings are available.

Fee: no fee, donations are accepted

Address: 2800 L Street, Suite 460, Sacramento

ONLINE/PHONE SUPPORT

Friendship Line California | 888-670-1360

Even if you live alone, you'll never have to feel alone. This is a free crisis intervention hotline and a warm line for non-emergency emotional support calls for people over the age of 60. For many of the older adults who live alone in California, every day brings some form of isolation and loneliness. With the onset of COVID-19 and the need for social distancing, those feelings of loneliness have grown exponentially. If you or someone you know would benefit from a friendly conversation, we're here to listen.

Northern Valley Talk Line | Toll Free: 855-582-5554

Confidential, non-crisis, peer-to-peer support, empathetic listening and countywide resource referrals. Based on the Recovery Model, the Northern Valley Talk Line (NVTTL) provides non-crisis peer to peer telephone service to the community 7 days a week from 11:30 a.m. to 9:30 p.m. (Talk Line does not accept calls from blocked numbers.)

Veteran's Services for Grief and Loss | 877-222-8387

Every day, Veterans from all military service branches and eras connect with proven resources and effective treatments. Veterans' family members and caregivers can see whether they qualify for VA medical benefits as a spouse, surviving spouse, dependent child, or caregiver. Explore family and caregiver health benefits.

Hours: 8 a.m. to 8 p.m. ET, Monday-Friday

If you have hearing loss, call TTY: 1-800-877-8339

First Candle - Grief Support | 800-211-7437

Support bereavement for families who have experienced a loss of an infant from sudden infant death, stillbirth support and miscarriage. Also, offers peer to peer online support groups. For more information, visit their website,

Website: <https://firstcandle.org>

Hours: 24/7 program.

The Compassionate Friends (Live Chat) 877-969-0010

Virtual chats that are offered to those who have a passing of a child. Live chats are friendly atmosphere to encourage conversations among friends who can share the same experience in loss of a child. Please visit the website to get more information and to see scheduled chat meetings.

Website: www.compassionatefriends.org

Hmong Talk-Line | 530-403-3978

Warmline designed to provide peer support for any Hmong community members regarding recovery process of mental illness.

Hours: 8 a.m. to 5 p.m. Monday-Sunday

ONLINE/PHONE SUPPORT CONT.

Fetal Loss Facebook | www.facebook.com

Type in search box: Perinatal loss, miscarriage, stillbirth. Parents have shared sites they found helpful:

- S.O.B.B.S – Stories of babies born still
- Empty Arms
- Pregnancy and infant loss awareness

Maternal Mental Health Warmline | 530-332-7208

Encouragement and information or counseling resources in Butte County.

Forever Loved Warmline | 530-332-7610

Enloe Medical Center's pregnancy and infant loss program designed to help families through the difficult process of their baby dying. Our goal is to provide a safe and comforting place for families to feel supported and love, and to create memories and mementos in tangible and intangible ways.

Share-Pregnancy and Infant Loss Support 800-821-6819

Peer phone support, serving those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth, or in the first few months of life.

Website: www.nationalshare.org

Maya's Wings- Together We S.O.A.R.

(Support, Outcomes, Advocacy, Research):

Offering support for in-vitro fertilization (IVF), support for loss, and support for siblings. Also offering books, for infant loss, for siblings (I am STILL a Big Brother / Goodbye Sister).

Website: www.themayaswingsfoundation.org

LICENSED THERAPISTS SPECIALIZING IN GRIEF

The following is a list of several providers in the community. This information does not constitute an endorsement.

Chico

Butte County Behavioral Health Crisis Line...	530-891-2810
Chico Creek Counseling	530-481-5964
Therapeutic Solutions	530-883-8535
Mary Allport, MFT	530-894-8841
Mary K. Brown, MS, LMFT**, ***	530-710-4290
Valerie Cross, MFT.....	530-899-9326
Lance Ferris, LCSW*	530-433-0587
Kristin B. Free, LCSW*, **	530-389-4817
Terra Forristel, LCSW	530-514-0294
Lisa Jellison, LCSW*	530-898-9008
Sandi John, MDiv, MSN, PMHCNS, MFT**, ***	530-418-8903
Gail Lipton, MFT***	530-566-1110
Marvin Megibow, Ph.D.*	530-343-2075
Aracely Munguia, LCSW (bilingual-Spanish)*, **, ***	530-441-2955
Kathy Nolan-Gosling, LCSW.....	530-342-5590
Heather O'Connell, Ph.D.*	530-637-3329
Amber Palmer, MFT.....	530-899-8401
Jim Park, Ph.D.*	530-894-7275
Jeanine Salakar, LCSW*, **	530-570-9684
Morgan Szymczak, MFT***	775-623-7861
Kathleen Teal, MFT**, ***	530-892-9772

OROVILLE

Robert Winkles, LCSW*	530-712-9203
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CORNING

Elizabeth Ann Molaro, LMFT**	530-518-3838
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YUBA CITY

Kathleen Horsey, AMFT**, ***	916-512-8981
Stephanie Ward, ACSW**, ***	530-207-8756

*Accepts Medicare

**Accepts Medi-Cal

***Works with children